

What Makes Your Heart Happy?



Worksheet for Children: New Moon – May 27

Theme: What makes you feel happy inside?

1. Draw your passion-friend

Draw a creature (animal, person, fantasy being) that is your passion. What do they like to do? What do they look like?

A large, empty rectangular box with a thin black border, intended for a child to draw their 'passion-friend'.

2. Fire inside

Draw a big campfire. Inside it, draw or write the things that make you happy and what you love to do.



3. Superpower!

If your passion was a superpower, what could it do? Draw or write it down. How does it feel when you use it?


