

New Moon Worksheet – For Children



Theme: What is my life's purpose?

The New Moon is a great time to think about what you like and what you might want to do in the future.

Exercise 1: My Dream Drawing

Take a sheet of paper and draw what you would love to do when you grow up. It can be anything! Write or draw why you like it.

Exercise 2: My Talents

Everyone is good at something. What are you good at, or what do you love to do? Write or draw three things that make you special.



Exercise 3: Taking a Small Step

Think of something you can do this month to get closer to your dream. Write or draw:

- What you will do
- When you will do it
- How you will keep going


