

Worksheet for Children



● Theme: I am Wise!

Task 1. When are you smart and wise?

Draw or write about a moment when you came up with a clever idea or a good plan.
How did it feel?

Task 2. Listening to yourself

Close your eyes and place your hand on your heart. What do you feel? What is your heart telling you? Write or draw it in a thought bubble.



Task 3. Your wisdom animal

If your wisdom were an animal, what animal would it be? Draw the animal and write why it suits you.